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alcohol. Step **310** may comprise packaging. Packaging may be accomplished through any suitable means. Packaging may comprise packing softgel capsules into a blister pack, bottle, box, pouch, or other acceptable packaging.

We claim

1. A pharmaceutical composition comprising:

solubilized estradiol;

suspended progesterone;

and a solubilizing agent;

wherein each of the estradiol and the suspended progesterone are present in the solubilizing agent and the estradiol and progesterone are uniformly dispersed;

wherein at least about 90% of the estradiol is solubilized in the solubilizing agent; and

- wherein the solubilizing agent comprises an effective ¹⁵ amount of at least one of mono-, di-, and triglycerides containing an ester of a C6-C12 fatty acid.
- **2**. The pharmaceutical composition of claim **1**, further comprising partially solubilized progesterone, wherein the partially solubilized progesterone is solubilized in the solubilizing agent.
- 3. The pharmaceutical composition of claim 1, wherein the formulation is formulated as a gelatin capsule.
- **4**. The pharmaceutical composition of claim **1**, wherein said estradiol has a dosage strength of at least about 0.125 mg ²⁵ and wherein said progesterone has a dosage strength of at least about 25 mg.
- **5**. The pharmaceutical composition of claim **1**, wherein the ratio of progesterone to estradiol is about 24:1, about 25:1, about 96:1, about 100:1, about 192:1, or about 200:1.
 - **6**. A pharmaceutical composition comprising: solubilized estradiol:

suspended progesterone; and

- a solubilizing agent, the solubilizing agent comprising an effective amount of mono-, di-, and triglycerides containing an ester of a C6-C12 fatty acid;
- wherein the estradiol and the suspended progesterone are present in the solubilizing agent the estradiol and progesterone are uniformly dispersed, and at least about 90% of the estradiol is solubilized in the solubilizing 40 agent; and

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wherein the estradiol does not precipitate for at least 14 days.

- 7. The pharmaceutical composition of claim 6, further comprising partially solubilized progesterone, wherein the partially solubilized progesterone is solubilized in the solubilizing agent.
- **8**. The pharmaceutical composition of claim **6**, wherein the composition is formulated as a gelatin capsule.
- 9. The pharmaceutical composition of claim 6, wherein the estradiol has a dosage strength of at least about 0.125 mg and wherein the progesterone has a dosage strength of at least about 25 mg.
- 10. The pharmaceutical composition of claim 6, wherein the ratio of progesterone to estradiol is about 24:1, about 25:1, about 96:1, about 100:1, about 192:1, or about 200:1.
- 11. A method of treating menopause symptoms of a woman with a uterus comprising:
 - administering an effective amount of a pharmaceutical composition, the pharmaceutical composition comprising solubilized estradiol, suspended progesterone, and a solubilizing agent.
 - wherein each of the estradiol and the suspended progesterone are present in the solubilizing agent and the estradiol and the suspended progesterone are uniformly dispersed and at least about 90% of the estradiol is solubilized in the solubilizing agent; and
 - wherein the solubilizing agent comprises an effective amount of at least one of mono-, di-, and triglycerides containing an ester of a C6-C12 fatty acid.
- 12. The method of claim 11, further comprising partially solubilized progesterone, wherein the partially solubilized progesterone is solubilized in the solubilizing agent.
- 13. The method of claim 11, wherein the composition is formulated in a gelatin capsule.
- **14**. The method of claim **11**, wherein the estradiol has a dosage strength of at least about 0.125 mg and wherein the progesterone has a dosage strength of at least about 25 mg.
- **15**. The method of claim **11**, wherein the ratio of progesterone to estradiol is about 24:1, about 25:1, about 96:1, about 100:1, about 192:1, or about 200:1.

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